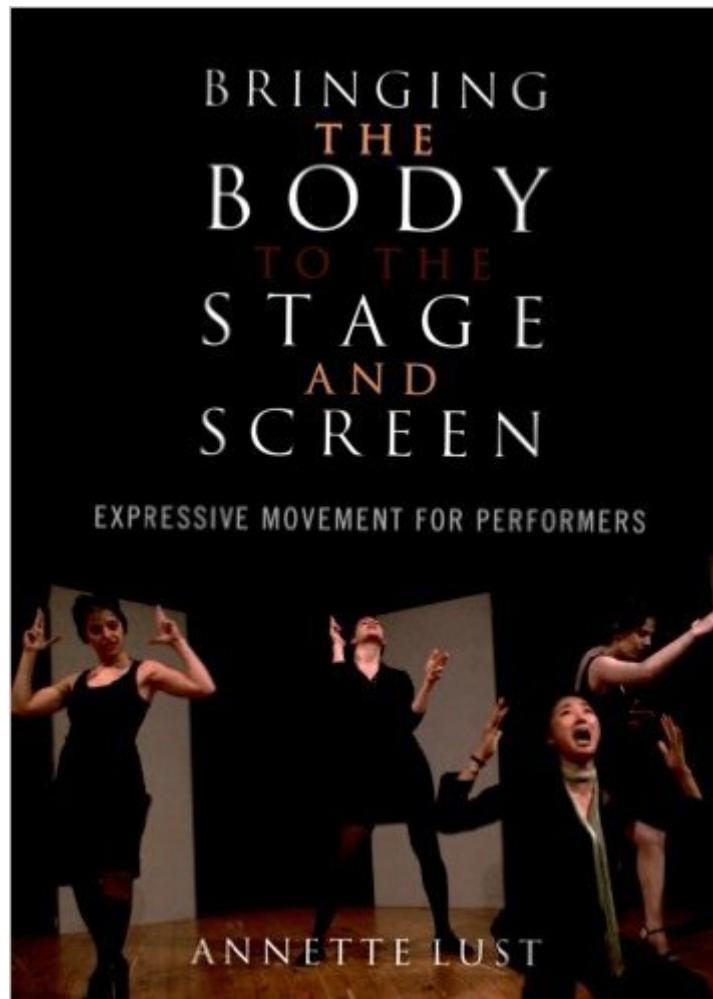


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# Bringing The Body To The Stage And Screen: Expressive Movement For Performers



## Synopsis

As stage and screen artists explore new means to enhance their craft, a new wave of interest in expressive movement and physical improvisation has developed. And in order to bring authenticity and believability to a character, it has become increasingly vital for actors to be aware of movement and physical acting. Stage and screen artists must now call upon physical presence, movement on stage, non-verbal interactions, and gestures to fully convey themselves. In *Bringing the Body to the Stage and Screen*, Annette Lust provides stage and screen artists with a program of physical and related expressive exercises that can empower their art with more creativity. In this book, Lust provides a general introduction to movement, including definitions and differences between movement on the stage and screen, how to conduct a class or learn on one's own, and choosing a movement style. Throughout the book and in the appendixes, Lust incorporates learning programs that cover the use of basic physical and expressive exercises for the entire body. In addition, she provides original solo and group pantomimes; improvisational exercises; examples of plays, fiction, poetry, and songs that may be interpreted with movement; a list of training centers in America and Europe; and an extensive bibliography and videography. With 15 interviews and essays by prominent stage and screen actors, mimes, clowns, dancers, and puppeteers who describe the importance of movement in their art and illustrated with dozens of photos of renowned world companies and artists, *Bringing the Body to the Stage and Screen* will be a valuable resource for theater teachers and students, as well as anyone engaged in the performing arts.

## Book Information

Paperback: 352 pages

Publisher: Scarecrow Press (December 30, 2011)

Language: English

ISBN-10: 0810882124

ISBN-13: 978-0810882126

Product Dimensions: 7.1 x 0.8 x 10.1 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #1,336,716 in Books (See Top 100 in Books) #22 inÂ Books > Arts & Photography > Performing Arts > Theater > Miming #137 inÂ Books > Arts & Photography > Performing Arts > Dance > Modern #269 inÂ Books > Textbooks > Humanities > Performing Arts > Dance

## Customer Reviews

Annette Lust's latest book, "BRINGING the BODY to the STAGE and SCREEN" is a perfect companion to her "FROM the GREEK MIMES to MARCEL MARCEAU and BEYOND," published in 2000. "Bringing the Body" should be in the library of everyone in theatre, whether performer, teacher, director, writer, or in production. It should be constantly referenced as its material is easily accessed and rich in detail. Starting with the definitions of various movement techniques provided in Chapter One and proceeding chapter by chapter from there, following the steps and diagrams on both movement and breathing, one could possibly teach oneself how to bring one's body to stage and or screen. In Chapters 6 and 7, Dr. Lust describes creating pantomimes and physicalizing the written word from fables, short stories, plays, and more. There are also sections on puppetry, puppeteers, and clowning. One of the many highlights of "Bringing the Body" is her inclusion of interviews with and essays by many movement artists such as Bill Irwin, Geoff Hoyle (both originally from Larry Pisoni's Pickle Family Circus), Dan Kamin on Charlie Chaplin, John Goode of the John Goode Performance Group; Liebe Wetzel on puppetry; and Robert Fleshman on Etienne Decroux, the father of contemporary, corporeal mime. The appendices contain a wealth of information from setting up a training program to references to schools and training centers. You will find "BRINGING the BODY to the STAGE and SCREEN" an invaluable resource.

Annette Lust's book on BRINGING THE BODY TO THE STAGE AND SCREEN was excellent. It was enlightening for anyone who is in the entertainment field (especially stage work). I highly recommend it if you are a serious actor for either casual reading or in the event you wished to apply her knowledge to your craft.

Dr. Annette Lust's new book *Bringing the Body to the Stage and Screen: Expressive Movement for Performers* is a valuable companion to her earlier book, *From the Greek Mimes to Marcel Marceau and Beyond*. Here Dr. Lust provides another extraordinary guide to further develop and refine our perception of the importance of movement. In addition, she offers a varied and wide choice of training methods to help future actors become more physically adept, expressive and complete in their artistic performances. *Bringing the Body to Stage and Screen: Expressive Movement for Performers* is an invaluable reference book to have on hand.

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*Bringing the Body to the Stage and Screen: Expressive Movement for Performers Stage and Screen*

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